



Scan me

**Endless
scrolling?**

**Excessive
screen time?**



Not just another focus app.



**Digital
overload?**

What is Screen2Green?

A wellbeing solution that helps reduce excessive screen time by connecting smartphone usage to the care of a real basil plant.

As users spend less time on smartphones, a basil plant grows, turning healthier screen habits into visible real-world progress.

Features

- Track your daily screen time
- Reduce excessive phone usage
- Support the growth of a real basil plant
- Build healthier everyday habits
- Share your progress with friends



Why it matters

- Better focus
- Healthier routines
- Improved wellbeing
- More meaningful time offline
- Visualization of your progress

Meet Screen2Green



Digital detox made easy.

How it works

Screen time is tracked through a connected mobile device allowing users to set personal goals using a timer-based system.

As users stay within their set limits, the care conditions for the basil plant improve. Over time, the plant grows based on the user's digital habits.

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Take care of your
mind the way you take
care of your plant.

Hardware Facts

- Automated watering system
- 1.2l water tank that lasts for one week
- Moisture sensor
- ESP32-based control system
- Dimensions: 22 x 22 cm

